



## Ingredient and Sensitivity Guide Summer 2018

Please know that our kitchens are not allergen-free. This is a reference guide of low risk items for people with sensitivities. Trace amounts of allergens may be found in our products and those produced in outside facilities.

<b>GLUTEN</b>	<b>DAIRY</b>	<b>GARLIC</b>	<b>ONION</b>
<b>STARTERS</b>	<b>STARTERS</b>	<b>STARTERS</b>	<b>STARTERS</b>
OLIVES JARDINIERE CHORIZO GUACAMOLE HUMMUS <i>sub tortillas</i> CEVICHE GARLIC SHRIMP <i>no bread</i>	OLIVES JARDINIERE CHORIZO GUACAMOLE CEVICHE HUMMUS <i>sub tortillas</i> SPANISH MEATBALLS	OLIVES JARDINIERE GUACAMOLE CEVICHE	OLIVES PICKLES CHORIZO HUMMUS
<b>SHARES</b>	<b>SHARES</b>	<b>SHARES</b>	<b>SHARES</b>
FONDUEMENTAL <i>sub tortillas</i> BRIE FONDUE <i>sub tortillas</i> NACHO CERDO CHARCUTERIE <i>no bread</i>	CHARCUTERIE <i>no cheese</i>	CHARCUTERIE	BRIE FONDUE
<b>SALADS</b>	<b>SALADS</b>	<b>SALADS</b>	<b>SALADS</b>
ALL SALADS <i>no croutons</i>	ALL SALADS <i>sub lemon dressing</i> <i>sub bacon vinaigrette</i> <i>no cheese</i>	ALL SALADS <i>sub lemon dressing</i> <i>sub bacon vinaigrette</i>	ALL SALADS <i>sub lemon dressing</i> <i>no onions</i>
<b>SOUPS</b>	<b>SOUPS</b>	<b>SOUPS</b>	<b>SOUPS</b>
ALL SOUPS	STRAIGHT UP TOMATO YUMMY CARROT TOM KAH GAI	YUMMY CARROT <i>reheat with water</i>	
<b>SANDWICHES</b>	<b>SANDWICHES</b>	<b>SANDWICHES</b>	<b>SANDWICHES</b>
	BBQ CHICKEN <i>no cheese</i>	BBQ CHICKEN <i>no bbq sauce</i> GOOEY CHEESE GRILLERS CAPRESE <i>no pesto</i> SHRIMP BAGUETTE	GOOEY CHEESE GRILLERS BBQ CHICKEN <i>no bbq sauce</i> GARDEN CAPRESE
<b>CLASSICS</b>	<b>CLASSICS</b>	<b>CLASSICS</b>	<b>CLASSICS</b>
RATATOUILLE <i>no persillade</i> BEEF BOURGUIGNON KENTUCKY BURGGOO SHEPHERDS PIE	CAPRESE <i>no cheese</i> SHRIMP BAGUETTE	MAC + CHEESE FEATURE MAC (ASK) <i>no persillade</i>	
<b>SIDES</b>	<b>SIDES</b>	<b>SIDES</b>	<b>SIDES</b>
BROWN BASMATI RICE GARLIC MASHED POTATOES TATER TOTS	KENTUCKY BURGGOO BEEF BOURGUIGNON RATATOUILLE <i>no cheese</i>	BROWN BASMATI RICE TATER TOTS SIDE MAC + CHEESE FLATBREAD BISCUITS	GARLIC MASHED POTATOES BROWN BASMATI RICE BISCUITS
<b>DESSERTS</b>	<b>DESSERTS</b>	<b>DESSERTS</b>	<b>DESSERTS</b>
CHOCOLATE MOUSSE	BROWN BASMATI RICE <i>no butter</i>	ALL DESSERTS	ALL DESSERTS
<b>WEEKEND FEATURES</b>	<b>DESSERTS</b>	<b>WEEKEND FEATURES</b>	<b>WEEKEND FEATURES</b>
EGGS RATATOUILLE <i>no persillade</i> BBQ PORK TATER HASH	<b>WEEKEND FEATURES</b> AVOCADO TOAST	AVOCADO TOAST RICOTTA TOAST FRENCH TOAST	AVOCADO TOAST RICOTTA TOAST FRENCH TOAST

<b>EGG</b>	<b>FISH / SHELLFISH</b>	<b>PEANUT / TREE NUT</b>	<b>SOY</b>
<b>STARTERS</b>	<b>STARTERS</b>	<b>STARTERS</b>	<b>STARTERS</b>
OLIVES JARDINIERE CHORIZO HUMMUS GUACAMOLE CEVICHE GARLIC SHRIMP	OLIVES JARDINIERE CHORIZO HUMMUS GUACAMOLE SPANISH MEATBALLS	OLIVES JARDINIERE CHORIZO HUMMUS <i>contains sesame</i> GUACAMOLE CEVICHE SPANISH MEATBALLS	OLIVES JARDINIERE CHORIZO HUMMUS GUACAMOLE CEVICHE SPANISH MEATBALLS
<b>SHARES</b>	<b>SHARES</b>	<b>SHARES</b>	<b>SHARES</b>
ALL SHARES	ALL SHARES	ALL SHARES	ALL SHARES
<b>SALADS</b>	<b>SALADS</b>	<b>SALADS</b>	<b>SALADS</b>
ALL SALADS <i>sub lemon dressing</i> <i>sub bacon vinaigrette</i>	ALL SALADS <i>no caesar dressing</i> <i>no salmon</i>	ALL SALADS <i>no nuts</i>	ALL SALADS <i>no caesar dressing</i>
<b>SOUPS</b>	<b>SOUPS</b>	<b>SOUPS</b>	<b>SOUPS</b>
ALL SOUPS	STRAIGHT UP TOMATO SUNSET CORN + CHICKEN YUMMY CARROT MUSHROOM MEDLEY FRENCH ONION	ALL SOUPS <i>no nuts</i>	STRAIGHT UP TOMATO SUNSET CORN + CHICKEN YUMMY CARROT MUSHROOM MEDLEY
<b>SANDWICHES</b>	<b>SANDWICHES</b>	<b>SANDWICHES</b>	<b>SANDWICHES</b>
GOOEY CHEESE GRILLERS DOS DIABLOS BBQ CHICKEN <i>no mayonnaise</i> EL CUBANO <i>no mayonnaise</i> GARDEN CAPRESE	NO SHRIMP BAGUETTE	ALL SANDWICHES	TOM KAH GAI FRENCH ONION
<b>CLASSICS</b>	<b>CLASSICS</b>	<b>CLASSICS</b>	<b>SANDWICHES</b>
MAC + CHEESE FEATURE MAC (ASK) KENTUCKY BURGEE BEEF BOURGUIGNON SHEPHERDS PIE RATATOUILLE	MAC + CHEESE FEATURE MAC (ASK) CHICKEN POT PIE RATATOUILLE SHEPHERDS PIE BEEF BOURGUIGNON KENTUCKY BURGEE	ALL CLASSICS FEATURE MAC (ASK)	GOOEY CHEESE GRILLERS DOS DIABLOS EL CUBANO <i>no mayonnaise</i> BBQ CHICKEN <i>no mayonnaise</i> GARDEN CAPRESE
<b>SIDES</b>	<b>SIDES</b>	<b>SIDES</b>	<b>CLASSICS</b>
ALL SIDES	ALL SIDES	ALL SIDES	MAC + CHEESE FEATURE MAC (ASK) RATATOUILLE SHEPHERDS PIE BEEF BOURGUIGNON KENTUCKY BURGEE
<b>DESSERTS</b>	<b>DESSERTS</b>	<b>DESSERTS</b>	<b>SIDES</b>
PEACH CRUMBLE STRAWBERRY CHEESECAKE	ALL DESSERTS	ALL DESSERTS	ALL SIDES
<b>WEEKEND FEATURES</b>	<b>WEEKEND FEATURES</b>	<b>WEEKEND FEATURES</b>	<b>DESSERTS</b>
AVOCADO TOAST RICOTTA TOAST KENTUCKY HOT BROWN CROQUE MONSIEUR BBQ PORK HASH <i>no egg</i>	AVOCADO TOAST RICOTTA TOAST EGGS RATATOUILLE KENTUCKY HOT BROWN CROQUE MONSIEUR EGGS BURGEE	AVOCADO TOAST RICOTTA TOAST <i>no nuts</i> EGGS RATATOUILLE BURGEE + EGGS BBQ PORK HASH KENTUCKY HOT BROWN CROQUE MONSIEUR FRENCH TOAST	BANANA BREAD PUDDING CHOCOLATE MOUSSE PEACH CRUMBLE
			<b>WEEKEND FEATURES</b>
			AVOCADO TOAST RICOTTA TOAST KENTUCKY HOT BROWN CROQUE MONSIEUR EGGS RATATOUILLE FRENCH TOAST

<b>VEGETARIAN (EGG/DAIRY)</b>	<b>VEGAN</b>	<b>PESCATARIAN</b>	
<b>STARTERS</b>	<b>STARTERS</b>	<b>STARTERS</b>	
OLIVES	OLIVES	OLIVES	
JARDINIERE	JARDINIERE	JARDINIERE	
HUMMUS	HUMMUS	HUMMUS	
GUACAMOLE	<i>sub tortilla chips</i>	GUACAMOLE	
	GUACAMOLE	CEVICHE	
<b>SHARES</b>			
FONDUEMENTALE	<b>SHARES</b>	<b>SHARES</b>	
		FONDUEMENTALE	
<b>SALADS</b>	<b>SALADS</b>	<b>SALADS</b>	
BISTRO SALAD	BISTRO SALAD	BISTRO SALAD	
SALMON GRAINS+GREENS	<i>sub dressing (honey)</i>	SALMON GRAINS+GREENS	
<i>no salmon</i>	LG GRAINS+GREENS		
	<i>no salmon</i>		
	<i>sub dressing (honey)</i>		
<b>SOUPS</b>	<b>SOUPS</b>	<b>SOUPS</b>	
STRAIGHT UP TOMATO	STRAIGHT UP TOMATO	STRAIGHT UP TOMATO	
YUMMY CARROT	YUMMY CARROT	YUMMY CARROT	
MUSHROOM MEDLEY		CRAB BISQUE	
		MUSHROOM MEDLEY	
<b>SANDWICHES</b>	<b>SANDWICHES</b>	<b>SANDWICHES</b>	
GOOEY CHEESE GRILLERS	GARDEN CAPRESE	GOOEY CHEESE GRILLERS	
GARDEN CAPRESE	<i>no cheese</i>	GARDEN CAPRESE	
		CSHRIMP BAGUETTE	
<b>CLASSICS</b>	<b>CLASSICS</b>	<b>CLASSICS</b>	
MAC + CHEESE	RATATOUILLE	MAC + CHEESE	
FEATURE MAC (ASK)	<i>no cheese</i>	FEATURE MAC (ASK)	
RATATOUILLE		RATATOUILLE	
<b>SIDES</b>	<b>SIDES</b>	<b>SIDES</b>	
ALL SIDES	BROWN BASMATI RICE	ALL SIDES	
TATER TOTS	<i>no butter</i>		
<i>no bacon dust</i>			
	<b>DESSERTS</b>	<b>DESSERTS</b>	
<b>DESSERTS</b>		ALL DESSERTS	
ALL DESSERTS	<b>WEEKEND FEATURES</b>		
	AVOCADO TOAST	<b>WEEKEND FEATURES</b>	
<b>WEEKEND FEATURES</b>		AVOCADO TOAST	
AVOCADO TOAST		RICOTTA TOAST	
RICOTTA TOAST		CROQUE MONSIEUR	
CROQUE MONSIEUR		<i>no ham</i>	
<i>no ham</i>		EGGS RATATOUILLE	
EGGS RATATOUILLE		FRENCH TOAST	
FRENCH TOAST			

**V = VEGETARIAN F = FLOUR G = GARLIC D = DAIRY S = SEAFOOD N = NUTS \*TG = TRACE GLUTEN**

<b>OLIVES</b>	<b>JARDINIERE</b>	<b>CHORIZOS</b>	<b>SPANISH MEATBALLS</b>
<b>V</b>	<b>V</b>	<b>TG*</b>	<b>F G TG*</b>
MIXED OLIVES OLIVE OIL CHILI FLAKES LEMON JUICE SALT PEPPER	CARROTS RED PEPPERS ZUCCHINI WHITE WINE VINEGAR WHITE SUGAR CHILI FLAKES SALT	CHORIZO SAUSAGE	GROUND PORK PANKO CRUMBS GREEN ONION FRESH PARSLEY EGGS GARLIC PAPRIKA CUMIN SALT ORANGE JUICE CHIPOTLE PUREE* CANOLA OIL
<b>HUMMUS</b>	<b>GUACAMOLE</b>	<b>CEVICHE</b>	<b>FINISH</b>
<b>V G</b>	<b>V</b>	<b>S</b>	CHIPOTLE SAUCE* CILANTRO LEMON WEDGE
GARBANZO BEANS TAHINI GARLIC CORIANDER CUMIN SEED SALT PEPPER CANOLA OIL LEMON JUICE	AVOCADO TOMATO BLACK BEANS GREEN ONION RED ONION JALAPENO CILANTRO LIME JUICE CUMIN SALT PEPPER	SNAPPER FILETS ROMA TOMATO RED ONION JALAPENO CILANTRO LIME JUICE CUMIN SALT	
<b>FINISH D</b>	<b>FINISH</b>	<b>FINISH</b>	<b>CHIPOTLE SAUCE</b>
FLATBREAD LEMON WEDGE OLIVES OLIVE OIL PARSLEY	TORTILLA CHIPS PEPPERONCINI CILANTRO LIME WEDGE	TORTILLA CHIPS PEPPERONCINI CILANTRO LIME WEDGE	<b>G TG*</b>
<b>FONDUEMENTALE</b>	<b>QUESO FUNDIDO</b>	<b>NACHOS</b>	CANOLA OIL WHITE ONION GARLIC DICED TOMATO ORANGE JUICE VEG STOCK ROASTED PEPPERS BROWN SUGAR CHIPOTLE PUREE* PAPRIKA SALT
<b>V G D</b>	<b>G D</b>	<b>G D TG*</b>	
WHITE WINE WHITE ONION GARLIC SALT PEPPER WHIPPING CREAM CORNSTARCH CREAM CHEESE CHEESE MIX KIRSCH	CANOLA OIL CHORIZOS POBLANO PEPPERS WHITE ONION GARLIC DRIED OREGANO CUMIN SALT LIME JUICE CHEDDAR MIX CREAM CHEESE WHIPPING CREAM	TORTILLA CHIPS PULLED PORK BLACK BEANS CORN JALAPENOS CHILI POWDER SALT	
<b>FINISH</b>	<b>FINISH</b>	<b>FINISH</b>	<b>GARLIC SHRIMP</b>
HOUSE BREAD APPLES GRAPES	TORTILLA CHIPS CILANTRO LIME WEDGE	QUESO BLANCO CHIPOTLE SAUCE* CHEDDAR MIX CILANTRO	<b>S G D</b>
<b>CHARCUTERIE</b>		<b>QUESO BLANCO</b>	WILD RED SHRIMP OLIVE OIL BUTTER GARLIC CHILI BASIL PARSLEY PAPRIKA SALT
<b>D F</b>		<b>D G</b>	<b>FINISH</b>
PLEASE REFER TO INGREDIENTS OF INDIVIDUAL ITEMS		CREAM CHEESE WHIPPING CREAM WHITE ONION GARLIC CUMIN SALT	PARSLEY LEMON WEDGE HOUSE BREAD

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<b>CAESAR DRESSING</b> <b>G S *TG</b> EGGS GARLIC ANCHOVY CAPERS GREEN ONION PARSLEY DIJON MUSTARD LEMON JUICE WHITE WINE VINEGAR WORCESTERSHIRE* CAYENNE OLIVE OIL CANOLA OIL PEPPER SALT	<b>AVOCADO LEMON VIN</b> <b>V</b> AVOCADO LEMON JUICE HONEY OLIVE OIL CANOLA OIL PEPPER SALT	<b>BACON VINAIGRETTE</b> BACON FAT RED ONION GREEN ONION THYME PARSLEY APPLE CIDER VINEGAR APPLE JUICE BROWN SUGAR CANOLA OIL PEPPER SALT	<b>ROAST CHICKEN</b> CHICKEN BREAST OLIVE OIL PEPPER SALT
	<b>BISTRO SALAD</b> <b>V</b> GREENS MIX AVOCADO LEMON VIN DICED CUCUMBER DICED TOMATO RED ONION COOKED QUINOA		<b>BAKED SALMON</b> WILD SALMON LEMON JUICE OLIVE OIL PEPPER SALT
<b>CAESAR SALAD</b> <b>G S *TG</b> BABY KALE CAESAR DRESSING CROUTONS PARMESAN LEMON WEDGE	<b>LARGE SALMON SALAD</b> <b>S</b> GREENS MIX AVOCADO LEMON VIN DICED CUCUMBER DICED TOMATO RED ONION WILD SALMON DRIED CRANBERRIES PUMPKIN SEEDS COOKED QUINOA PARSLEY	<b>LARGE CHICKEN SALAD</b> <b>D N</b> SPINACH SLICED APPLE BACON RED ONION GRATED FETA BACON VINAIGRETTE ROAST CHICKEN AVOCADO WALNUTS	<b>QUINOA</b> QUINOA SALT

<b>BISCUITS</b> <b>V D F</b> FLOUR MARGARINE PARSLEY BAKING POWDER CHEDDAR MOZZARELLA SALT PEPPER BUTTERMILK	<b>HOUSE BREAD</b> <b>V F</b> FLOUR YEAST SALT MALTED WHEAT FLOUR AMYLASE ASCORBIC ACID	<b>TORTILLA CHIPS</b> <b>V</b> WHITE CORN CALCIUM HYDROXIDE CANOLA OIL SALT	<b>FLATBREAD</b> <b>V D F</b> FLOUR YEAST WATER VEG OIL SUGAR SALT YOGURT PRESERVATIVES
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<b>TOMATO</b>	<b>CRAB BISQUE</b>	<b>SUNSET CORN</b>	<b>YUMMY CARROT</b>
<b>V G</b>	<b>G D S *TG</b>	<b>G D *TG</b>	<b>V</b>
TOMATO	OLIVE OIL	CHICKEN BREAST	CARROTS
ROMA TOMATO	WHITE ONION	CHIPOTLE PASTE*	YAMS
RED ONION	YAMS CELERY GARLIC	CORN	WHITE ONION
GARLIC	RED PEPPERS	WHITE ONION	CELERY
TOMATO PASTE	WHITE WINE	GREEN ONION	GINGER
BROWN SUGAR	TOMATO PASTE	YAMS GARLIC	COCONUT MILK
RED WINE VINEGAR	LOBSTER BASE*	CHICKEN STOCK	ORANGE JUICE
OLIVE OIL	FENNEL SEED	OREGANO	LIME JUICE
SALT PEPPER	SALT PEPPER	SALT CUMIN	HONEY
RED WINE	WHIPPING CREAM	TURMERIC	TURMERIC
<i>FINISH</i>	CRAB MEAT	WHIPPING CREAM	CARDAMOM
OLIVE OIL	PARSLEY BASIL	CILANTRO	CORIANDER
	<i>FINISH</i>	<i>FINISH</i>	SALT PEPPER
	PARSLEY	CILANTRO	MINT
	LEMON WEDGE	SOUR CREAM	<i>FINISH</i>
		LIME WEDGE	MINT

<b>MUSHROOM MEDLEY</b>	<b>TOM KAH GAI</b>	<b>VEGETABLE STOCK</b>	<b>LOBSTER STOCK</b>
<b>V G D</b>	<b>G S</b>	<i>Note - all soups and stews finished with light veg stock</i>	<b>S G D</b>
BUTTER	WHITE ONION	CARROT / CELERY / ONION	LOBSTER SALT CORN
WHITE ONION	GARLIC	CELERICAC / MUSHROOM	TAPIOCA POTATO
CELERY GARLIC	LEMON GRASS	GARLIC / GREEN PEAS	SUGAR YEAST EXTRACT
BUTTON MUSHROOM	KAFFIR LIME LEAVES	SALT / SUGAR / SPICES	CORN OIL MILK
OYSTER MUSHROOM	THAI RED CHILI	POTATO STARCH	TOMATO PASTE
PORTOBELLOS	GINGER	<b>CHICKEN STOCK</b>	ONION POWDER
SHIITAKE MUSHROOM	TOMATO PASTE	CHICKEN / ONION / CARROT	GARLIC POWDER
WHIP CREAM	CILANTRO	ROSEMARY / TURMERIC	COD LIVER OIL SOY
VEG STOCK	FISH SAUCE	SALT / SPICES	SPICES PRESERVATIVES
WHITE WINE	COCONUT MILK	POTATO FLOUR	
DRY THYME	CHICKEN STOCK	<b>BEEF STOCK</b>	
SALT PEPPER	WHITE SUGAR	BEEF / ONION / GARLIC	
FRESH PARSLEY	SALT	SALT / SUGAR / FLAVOUR	
GREEN ONION	LIME JUICE	CARAMEL COLOUR	
TRUFFLE OIL	LIME ZEST		
<i>FINISH</i>	CHICKEN BREAST		
PARSLEY	OYSTER MUSHROOMS		
	BABY BOK CHOY		
	CANOLA OIL		
	<i>FINISH</i>		
	LIME WEDGE		
	CILANTRO		

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<b>GRILLED CHEESE</b> <b>F V D</b> BUTTER HOUSE BREAD CHEESE MIX CHEDDAR MIX	<b>BBQ CHICKEN</b> <b>F D TG*</b> HOUSE BREAD ROAST CHICKEN BBQ SAUCE* HOUSE MAYO CHEDDAR MIX KALE CUCUMBER ROMA TOMATO	<b>CAPRESE</b> <b>F D G</b> HOUSE BREAD ZUCCHINI ROMA TOMATO BOCCONCINI PESTO SAUCE GREENS MIX BALSAMIC VINEGAR	<b>EL CUBANO</b> <b>F G D</b> HOUSE BREAD PULLED PORK CAPICOLLO* RELISH CHEESE MIX PEPPERONCINI HOUSE MAYO
<b>DOS DIABLOS</b> <b>F G D TG*</b> BUTTER HOUSE BREAD CHEDDAR MIX QUESO BLANCO CHORIZO MIX*	<b>ROAST CHICKEN</b> <b>V</b> CHICKEN BREAST OLIVE OIL PEPPER SALT	<b>PESTO SAUCE</b> <b>V</b> OLIVE OIL CANOLA OIL GARLIC BASIL SPINACH PARSLEY LEMON JUICE SALT PEPPER	<b>RELISH</b> <b>G</b> GARLIC OLIVE OIL CORNICHONS GRAINY DIJON HONEY SALT
<b>CHORIZO MIX</b> <b>G *TG</b> RED PEPPERS RED ONION CHIPOTLE PUREE* CANOLA OIL LIME JUICE SALT CHORIZO* CILANTRO	<b>BBQ SAUCE</b> <b>G *TG</b> WHITE ONION GARLIC COFFEE WORCESTER* KETCHUP RED WINE VIN MOLASSES CHIPOTLE PUREE BROWN SUGAR CHILI POWDER SALT	<b>SHRIMP BAGUETTE</b> <b>SFD F</b> CIABATTA BAGUETTE SHRIMP SALAD CUCUMBER MIXED GREENS LEMON WEDGE	<b>PULLED PORK</b> <b>G</b> PORK BUTT WHITE ONION GARLIC RED WINE VINEGAR ORANGE JUICE CHILI POWDER SALT PEPPER
<b>QUESO BLANCO</b> <b>D G</b> CREAM CHEESE WHIPPING CREAM WHITE ONION GARLIC CUMIN SALT	<b>CHEESE MIX</b> <b>V D</b> MOZZARELLA EMMENTHAL GRUYERE	<b>SHRIMP SALAD</b> <b>SFD</b> WILD SHRIMP CELERY ROOT GREEN ONION PARSLEY BASIL LEMON HOUSE MAYO SALT PEPPER	<b>HOUSE MAYO</b> EGG DIJON WHITE SUGAR PEPPER SALT VINEGAR SOYBEAN OIL
<b>CHEDDAR MIX</b> <b>V D</b> CHEDDAR MOZZARELLA			

<b>FRENCH ONION</b> <b>G</b> ONION GARLIC RED WINE BEEF BROTH CANOLA OIL SALT PEPPER <b>FINISH F</b> BREAD CHEESE MIX	<b>MAC &amp; CHEESE</b> <b>V D F</b> MACARONI VEG OIL WHIPPING CREAM HOMO MILK WHITE ONION NUTMEG SALT PEPPER BUTTER FLOUR CHEDDAR MIX <b>FINISH</b> CHEDDAR MIX	<b>MAC &amp; MOST</b> <b>D F S</b> MAC & CHEESE CRAB SPINACH FRESH BASIL FRESH PARSLEY FRESH THYME LEMON ZEST SALT PEPPER <b>FINISH</b> PERSILLADE GOAT CHEESE
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<b>KENTUCKY BURGOO</b>	<b>BOURGUIGNON</b>	<b>SHEPHERDS PIE</b>	<b>CHICKEN POT PIE</b>
<b>G *TG</b>	<b>G</b>	<b>G D</b>	<b>G F D</b>
BEEF DICED LAMB DICED PORK HOCK WHITE ONION GARLIC DICED TOMATO TOMATO PASTE BEEF STOCK WORCESTERSHIRE* MOLASSES RED WINE VINEGAR BROWN SUGAR CHILI POWDER CHIPOTLE PUREE* CELERY SALT PEPPER DRY THYME DRY OREGANO GREEN CABBAGE POTATOES CORN OKRA LIMA BEANS <i>FINISH</i> PARSLEY	BEEF DICED SALT PEPPER RED WINE BEEF STOCK CARROTS BUTTON MUSHROOM PEARL ONIONS CANOLA OIL WHITE ONION GARLIC CELERY TOMATO PASTE POTATO STARCH THYME BAY LEAF PARSLEY <i>FINISH</i> PARSLEY	LAMB DICED BEEF DICED WHITE ONION RUTABAGA CELERY GARLIC GUINNESS BEEF STOCK WORCESTERSHIRE SAUCE* POTATO STARCH PEPPER SALT PEAS FRESH ROSEMARY FRESH PARSLEY MASHED POTATOES CHEDDAR MIX <i>FINISH</i> FRESH PARSLEY	CHICKEN BREAST BUTTON MUSHROOM OYSTER MUSHROOM PORTOBELLOS SHIITAKE MUSHROOM PEARL ONIONS CANOLA OIL BUTTER WHITE ONION CELERY GARLIC FLOUR WHITE WINE CHICKEN STOCK WHIPPING CREAM DIJON MUSTARD DRY THYME PEPPER SALT FRESH ROSEMARY FRESH PARSLEY PEAS <i>FINISH</i> PUFF PASTRY EGGS ROSEMARY PEPPER SALT FRESH PARSLEY
<b>TATERS</b>	<b>RATATOUILLE</b>	<b>PUFF PASTRY</b>	<b>MASHED POTATOES</b>
<b>V</b>	<b>G V</b>	<b>F</b>	<b>V G D</b>
POTATOES VEGETABLE OIL CORNSTARCH SALT ONION POWDER DEXTROSE	EGGPLANT ZUCCHINI BELL PEPPERS GARLIC OLIVE OIL RED ONION TOMATO PASTE DICED TOMATO WHITE WINE VEG STOCK BLACK PEPPER SALT FRESH PARSLEY FRESH OREGANO FRESH BASIL <i>FINISH F</i> PERSILLADE GOAT CHEESE PARSLEY OLIVE OIL	WHEAT FLOUR PALM OIL SALT SOY LECITHIN POTASSIUM SORBATE SODIUM PROPIONATE FLAVOUR COLOUR	POTATOES SALT GARLIC CANOLA OIL MILK CREAM BUTTER <i>FINISH</i> BUTTER PARSLEY
<b>TATER TOTS</b>		<b>PERSILLADE</b>	<b>BASMATI RICE</b>
<b>D</b>		<b>F G</b>	<b>V</b>
TATER TOTS <i>FINISH</i> BACON PARMESAN CHIVES SALT PEPPER		PANKO BREAD CRUMBS PARSLEY GARLIC SALT PEPPER OLIVE OIL	BROWN BASMATI VEG STOCK SALT <i>FINISH</i> BUTTER PARSLEY

**V = VEGETARIAN F = FLOUR G = GARLIC D = DAIRY S = SEAFOOD N = NUTS \*TG = TRACE GLUTEN**

<b>BANANA B PUDDING</b> <b>V F D</b> RIPE BANANAS VEG OIL APPLE JUICE FLOUR BAKING POWDER WINTER SPICE EGGS SALT CREAM MILK BROWN SUGAR DARK CHOCOLATE <i>FINISH</i> ICE CREAM	<b>CHOCOLATE MOUSSE</b> <b>V D</b> WHIPPING CREAM CHOCOLATE EGG YOLKS CRÈME DE CACAO VANILLA EXTRACT <i>FINISH</i> WHIPPED CREAM  <b>GRAHAM CRUMB</b> <b>V D F</b> WHEAT FLOUR SOYBEAN OIL HONEY SALT BAKING SODA AMMONIUM BICARBONATE MONOCALCIUM PHOSPHATE SOY LECHITHIN ARTIFICIAL FLAVOR ASPARAGINASE SUGAR BUTTER	<b>PEACH CRUMBLE</b> <b>V F D</b> PEACHES HONEY CORN STARCH BUTTER OATS FLOUR SALT <i>FINISH</i> ICE CREAM  <b>ICE CREAM</b> <b>V D</b> MILK INGREDIENTS SUGAR GLUCOSE VANILLA EXTRACT SALT COLOR MONOGLYCERIDES DIGLYCERIDES GUAR GUM XANTHAN GUM CARAGEENAN	<b>CHEESECAKE</b> <b>V D</b> CREAM CHEESE ICING SUGAR VANILLA EXTRACT WHIPPING CREAM STRAWBERRIES SUGAR CORNSTARCH <i>FINISH F</i> GRAHAM CRUMB
<b>WINTER SPICE</b> CINNAMON ALLSPICE NUTMEG CLOVE CARDAMOM			
<b>AVOCADO TOAST</b> <b>V</b> HOUSE BREAD AVOCADO CUCUMBER SEA SALT TAJIN SEASONING LIME	<b>EGGS BURGEOO</b> <b>D F G</b> SCRAMBLED EGGS KENTUCKY BURGEOO CHEDDAR MIX PARSLEY  <b>EGGS RATATOUILLE</b> <b>D F G</b> SCRAMBLED EGGS RATATOUILLE CHEVRE CHEESE MIX PERSILLADE OLIVE OIL  <b>PORK TATER TOT HASH</b> <b>D G *TG</b> TATERS PULLED PORK SPINACH GREEN ONION BASIL PARSLEY CHEDDAR MIX <i>FINISH</i> SCRAMBLED EGGS CHEDDAR MIX BBQ SAUCE* PEPPERONCINI PARSLEY	<b>CROQUE MONSIEUR</b> <b>F D</b> HOUSE BREAD DIJON FONDUE SMOKED HAM SPINACH BASIL PARSLEY GREEN ONION CHEESE MIX  <b>DIJON FONDUE</b> <b>V G D</b> WHITE WINE ONION GARLIC SALT PEPPER WHIPPING CREAM CORNSTARCH CREAM CHEESE CHEESE MIX KIRSCH DIJON MUSTARD  <b>FRENCH TOAST</b> <b>D F</b> BUTTER HOUSE BREAD EGGS MILK APPLES CINNAMON MASCARPONE MAPLE CARAMEL	<b>KENTUCKY HOT BROWN</b> <b>F D</b> HOUSE BREAD SMK PAPRIKA FONDUE PULLED CHICKEN BACON ROAST TOMATOES PARSLEY CHEDDAR MIX  <b>SMOKED PAPRIKA FONDUE</b> <b>V G D</b> WHITE WINE ONION GARLIC SALT PEPPER WHIPPING CREAM CORNSTARCH CREAM CHEESE CHEESE MIX KIRSCH SMOKED PAPRIKA  <b>MAPLE CARAMEL</b> <b>D</b> BROWN SUGAR WHIPPING CREAM MAPLE SYRUP BUTTER  <b>SCRAMBLED EGGS</b> <b>D</b> EGGS MILK SALT
<b>RICOTTA TOAST</b> <b>V D N</b> HOUSE BREAD RICOTTA LEMON JUICE GRAPES HONEY WALNUTS			
<b>TAJIN SEASON</b> <b>V</b> CHILI PEPPERS SEA SALT DEHYDRATED LIME SILICON DIOXIDE			
<b>TATERS</b> <b>V</b> POTATOES SALT VEGETABLE OIL CORNSTARCH ONION POWDER DEXTROSE			