

STARTERS

HUMMUS & FLATBREAD	12
garlicky chickpea purée, paprika, parsley, warm flatbread	
PIEROGI & SAUSAGE	14
grainy mustard brown butter, chives, sour cream	
LA POUTINE	15
rich beef gravy, real Montreal cheese curds	
GARLIC SHRIMP	15 ½
blistered tomato, garlic, red pepper aioli, toast	
CHICKEN KARAAGE	15 ½
crispy breaded chicken, pickled red onion, katsu curry mayo	
LITTLE DEVILS	16
prosciutto wrapped sweet peppers, molten cheese center, basil lime cream dip	
*FONDUEMENTAL	20
Gruyere, Emmenthal, Kirsch, with apple, grapes, crusty bread	
+ SMOKED SAUSAGE	+ 4
BURRATA & PROSCIUTTO	25
bistro toasts, golden fig & honey preserve	

SOUP + SALAD

served with side kale caesar, green or f.a.b. salad
+ add pulled chicken to any side salad + 3

STRAIGHT UP TOMATO	17
vine ripened tomato, garlic, red wine, olive oil	
SUNSET CORN + CHICKEN	18 ½
cumin chipotle cream, corn, cilantro	
MUSHROOM MEDLEY	18 ½
light cream broth, roasted mushrooms, parsley, truffle oil	
CRAB BISQUE	19
roasted red pepper cream, fennel seed, parsley	

SANDWICH + SALAD

served with side kale caesar, green or f.a.b. salad
+ add pulled chicken to any side salad + 3

GOOEY CHEESE GRILLERS	23 ¾
loaded with cheese, butter grilled baguette	
+ DOS DIABLOS spicy chorizo & roasted pepper	+ 3
CHICKEN CAESAR SANDWICH	24 ¾
parmesan, pangrattato, greens, cucumber, pickled red onion	
EL CUBANO	24 ¾
pulled pork, capicola, cheese, grainy mustard pickle relish	
AVOCADO, BACON & TOMATO	24 ¾
lightly toasted ciabatta, house mayonnaise	

AFTER SCHOOL SPECIAL	24 ¾
Cheese Grillers & Straight Up Tomato soup taster	
BUILD YOUR OWN SOUP & SANDWICH	26
Select your own sandwich & soup taster	

SIDES

BURGOO BISCUITS	6
fresh herb butter	
QUINOA TABBOULEH	8
cucumber, tomato, red onion, herbs, lemon	
PARMESAN FRIES	11
parmesan, parsley, pesto mayo	
CRISPY BRUSSEL SPROUTS	13
balsamic drizzle, bacon, chives	
MINI MAC + CHEESE	13
a side dish of our classic	

SALADS + BOWLS

+ add pulled chicken to any salad + 6

F.A.B. SALAD	17 ½
fresh greens, feta, apple, bacon, onion, bacon thyme vinaigrette	
KALE CAESAR	18
kale, parmesan, garlic lemon anchovy dressing, pangrattato, lemon	
MEDITERRANEAN BOWL	23
quinoa tabbouleh, pulled chicken, feta, cucumber, greens, tomato, red onion, garlic tahini thyme dressing, crispy chickpeas	
BUDDHA BOWL	24
srircha miso glazed salmon, seasoned rice, sesame coleslaw, red pepper, cucumber, pickled red onion	

COMFORT FOOD

*FRENCH ONION SOUP	18 ¼
caramelized onion, rich red wine beef broth, croutons, gratinée	
MAC & CHEESE	19
baked with extra old cheddar, breadcrumbs	
+ BACON & TOMATO	+ 3
VEGGIE BURGER	24
cheddar, fried onion, pickle, tomato, greens, burger sauce, fries	
THE BURGOO BURGER	26
cheddar, fried onion, pickle, tomato, burger sauce, fries	
SEAFOOD POTAGE	27
potato roux, shrimp, salmon, surf clams, bacon, herbs, lemon, croûte	
JAMBALAYA	29
creole rice, chicken, prawns, smoked sausage, tomato, okra, peppers	
BEEF BOURGUIGNON	30
red wine braised beef, caramelized pearl onions, carrots, mushrooms, bacon, mashed potatoes	

DESSERTS

*APPLE CRUMBLE	10
cinnamon roasted apples, caramel, buttery oat crumble, vanilla ice cream	
CHOCOLATE MOUSSE	10
kahlua, espresso, dark chocolate, whipped cream	
CHOCOLATE BANANA BREAD PUDDING	10
banana bread, dark chocolate, custard, ice cream	

BRUNCH

SERVED WEEKENDS UNTIL 3PM

MIMOSA	12
orange juice, sparkling wine	
BANFF COFFEE	12
baileys, frangelico, dark roast coffee, whipped cream	
PICKLED CAESAR	14
vodka, mott's original, spiced right, kosher dill pickle	
CORNFLAKE FRENCH TOAST	16
icing sugar, maple syrup, fresh whipped cream	
AVOCADO TOAST	17
fresh avocado, feta, cherry tomato, tajin, lime, grilled baguette	
VEGGIE SCRAMBLE	18
scrambled eggs, peppers, onion, tomato, mushroom, savoury potatoes, house bread	
MEATLOVERS SCRAMBLE	19
fresh scrambled eggs with bacon, sausage, capicola, red onion, tomato, savoury potatoes, house bread	

CLASSIC COCKTAILS		2oz
SORBET SODA		12
vodka, soda, mint, mango sorbet		
PICKLED CAESAR		14
vodka, mott's original, spiced right, kosher dill pickle		
APEROL SPRITZ 5oz		14
sparkling brut, soda		
BOOZY BLUEBERRY LEMONADE		14 ½
bombay sapphire gin, lemonade, blueberry boba		
STRONG STRAWBERRY LEMONADE		14 ½
vodka, macerated strawberries, lemonade		
GOLDEN HOUR		15
goslings black rum, aperol, pineapple juice, lime		
ESPRESSO MARTINI		15
vodka, kahlua, bailey's, espresso		
MARGARITA		15 ½
classic lime or sweet mango		
CANADIAN OLD FASHIONED EH!		16
bearface canadian whisky, bitters, sugar, brandy soaked cherry, fresh orange		

BC WINES		5oz	Btl
SAINTLY THE GOOD ROSÉ		13	52
BISTRO WHITE		12	48
HAYWIRE CHARDONNAY		13	~
CHURCH & STATE SAUVIGNON BLANC		14	56
HATCH PINOT GRIS		14	56
BISTRO BUBBLES SPARKLING BRUT		14	56
BISTRO RED		12	48
MT. BOUCHERIE MERLOT		13	~
TINHORN CREEK PINOT NOIR		14	56
ADEGA ON 45TH CABERNET FRANC		14	56
LAUGHING STOCK IMBZZL BLEND		15	60

LOCAL BEER ON TAP		16oz	60oz
BURGOO BREW VANCOUVER PALE ALE		8 ½	24
REWIND BEER CO LASER LITE LAGER		8 ½	24
STRANGE FELLOWS GUARDIAN IPA		8 ½	24

DAILY DRINK FEATURES	
MAKE IT A MONDAY	50% OFF bottles of wine
TOONIE TUESDAY	\$2 OFF cocktails/ mocktails
WOBBLY WEDNESDAY	\$6 BISTRO WINE by the glass
THIRSTY THURSDAY	\$7 BURGOO BREW 16oz
FEEL GOOD FRIDAY	\$10 BISTRO BUBBLES by the glass
SATURDAY SPRITZ	\$12 APEROL SPRITZ
SUNDAY FUNDAY	\$10 PICKLED CAESAR

HAPPY HOUR DRINKS		
3PM TILL 5PM DAILY		
SORBET SODA	1oz	6
DOUBLE TROUBLE SHOTS	1oz	6
+ FIREBALL + LIMONCELLO + SAMBUCA		
BEER ON TAP	12oz	6
BISTRO WINE	5oz	6
STREET LEGAL DEALCOHOLIZED PILSNER	473ML	6
OUR TRADEMARK STRAWBERRY LEMONADE		6
HAPPY HOUR EATS		
PARMESAN FRIES		8
HUMMUS & FLATBREAD		8
PIEROGI & SAUSAGE		10
CRISPY BRUSSEL SPROUTS		10
GARLIC SHRIMP		12
CHICKEN KARAAGE		13
LITTLE DEVILS		14
*FONDUEMENTAL \$20		
BURRATA & PROSCIUTTO \$25		

CRAFTED CANS		
STREET LEGAL DEALCOHOLIZED PILSNER	473ML	8
NO BOATS ON SUNDAY APPLE CIDER	473ML	9
WILDEYE CZECH PILSNER	473ML	9
SLOWHAND VIENNA LAGER	473ML	9
STRANGE FELLOWS TALISMAN PALE ALE	473ML	9
STEEL & OAK SHINY THINGS IPA	473ML	9 ½

BOTTLED BEVVIES		
PERRIER sparkling water	330ML	5
COKE ZERO glass bottle	355ML	5 ¼
COKE glass bottle	355ML	5 ¼
JARRITOS MEXICAN SODA mandarin, guava	370ML	6

MODERN MOCKTAILS	
LIVELY LAVENDER LEMONADE	8
french lavender syrup, lemonade, soda	
SUPER TROPICAL MULE	8 ½
pineapple juice, ginger beer, lime	
OUR TRADEMARK STRAWBERRY LEMONADE	9
macerated strawberries, lemonade	
FRESH MANGO COOLER	9 ¼
mango puree, fresh citrus, sparkling soda, mint	
CUCUMBER SPRITZ	9 ½
cucumber, lemon, lime, soda tajin rim	
BLUEBERRY BOBA SODA	10
smashed mint, fresh citrus, blueberry boba, soda	